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[00:00:30] Welcome to the Multi-passionate Mastery Podcast. The podcast where creatives come to embrace their talents as a gift, not a burden. I am your host, D'Ana Joi. Together we'll explore how to finally make friends with focus, ditching overwhelm, and idea fatigue once and for all, and how to be unapologetic about who you are as a multi-passionate. But I'm not just going to pump you up with a bunch of empowerment content. I'm going to give you tools and practices that you can implement starting today. It's time to unlock your multi-passionate mastery. Let's begin.

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[00:01:29] Click the link down on our show notes to subscribe and get your first issue of thrive guide today.

[00:01:35] Welcome back to the show you are in for such a treat. Today. We have one of my clients who is currently enrolled in my group coaching program, prioritize and thrive here on the podcast. And we're gonna be talking to Chanel about their experience inside of the program, what it's been like, and even answering some questions that you submitted.

[00:01:55] I put a call out to my email list and I was like, Hey, what do you wanna know about this program? And about working with me from a client's perspective. And I'm so thrilled that we got some responses. So I know that you're gonna love Chanel the minute that you meet them. I also know that you're gonna really, really enjoy hearing a new perspective about what it's like to join a program like this and what it's like.

[00:02:16] Find your place in the coaching industry as a multi-passionate. So let me go ahead and introduce Chanel Chanel. Carter is a multi-passionate neuro spicy queer black woman that is here to empower herself and others to live their authentic truth. Take up all of the space and follow their bliss. She's an anime loving, wander, less having human design nerd, Sagittarius, sun, and two, four emotional manifesting generator.

[00:02:40] If you're curious and conjure woman and Chanel is here with us today, Chanel, welcome to this show.

[00:02:47] Woo. Thanks for having me. I'm so excited to

[00:02:50] be here. I'm so happy that you're here and you know, I do wanna take a moment before we get into the interview to just acknowledge you for how you have shown up for yourself inside of the program.

[00:03:03] I know making the decision to invest in a program like this is the first step, but what you do after that is so important as well. And I've been really impressed with. Not only how you've gone through the coursework and then applied it in your own way, but also how you have shown up for coaching. And what's unique about the way you show up for coaching is that you don't always come with a burning question, but you always come with the energy of receiving and supporting.

[00:03:29] And it's really, really powerful to see that. And I'm so, so, so grateful to have you in that container. So I, I didn't wanna get started until I kind of just share that, that little tidbit there.

[00:03:40] Thank you. You're guessing me. You're guessing me for real, but yeah, I never come with the question. I feel like my intention for the call is always just to receive what I need in that moment.

[00:03:51] And then I, it happens every time I get on the call and I receive it or someone else's question might spark a question and there's time at the end and I can ask it. So I like taking that approach. I seem, I seem to be getting everything I need doing it that.

[00:04:04] That's nice too, because it does take some pressure off of you that you don't have to always have a question prepared in order to, you know, come to a call or get what you need out of a call.

[00:04:12] Yeah. So before we start talking about the program and your experience in it, I usually have an icebreaker with any interview guest where I say, do you consider yourself multi-passionate in? What does that mean to you in your case? I know that you consider yourself multi passionate, but I would love to still have that second part of the question here.

[00:04:29] What does being multi passionate mean to you? How is that expressed in your life?

[00:04:34] That's a good question. I think multi passionate to me means taking up space. It means being loud when people would tell me to hush, it means like, you know, doing all of the things and not being afraid to experiment in my life.

[00:04:53] That's what being multi passionate looks like. Instead of me feeling like, you know, I have to find this one thing, multi passionate feels like. A freedom term of like, I can do whatever I want. I can explore all of the passions. If I wanna sing, I can sing. And if I wanna dance, I can dance. If I wanna paint.

[00:05:11] And, you know, even outside of the creative, real, whether it's spiritual, whether it's fit fitness, like I can do all of the things. So multi-pass is like the most freeing labeling label, I guess you could have ever. And I love it.

[00:05:24] Yeah. It's interesting how it's, it's a label and it's a title, but it's actually empowering, which is kind of rare, such a cool combination.

[00:05:31] Thank you for sharing that. Okay. So let's get straight into some questions that were submitted about your experience and prioritize and thrive. How did you know with a program named prioritize and thrive that I wasn't going to just make you choose one thing, which would probably be really unappealing for a multi-passionate person.

[00:05:50] So when you're looking into the program and kind of learning what it's about. How did you sort of say, okay, I know I can do this, even though I'm multi passionate. How did you get over that concept? That choosing one thing and prioritizing can kind of feel like the same.

[00:06:05] Oh, that's a, I love that question.

[00:06:07] That is a really good question. I think for me, when I was reading through the course content, even though it was talking about prioritize and thrive, it wasn't saying like nowhere in the undertone of the messaging that I get this feeling of limitation, it kind of felt more like I was at a place in my life where I realized that me trying to do all the things at the same time, simply wasn't working.

[00:06:32] And I realized that I did not have that. I didn't possess the skill to prioritize. I didn't know how to prioritize at all. I didn't know what should take precedence, where to start. And so it was constantly keeping me kind of stuck in not doing things or burnt out from trying to do it all at the same exact time and not seeing that sometimes there's like steps that if you get your priorities, those you can have that season, get those done.

[00:06:56] And then that opens up the door to do more things. And so I was kind of at that point of just having to check in with myself and realizing that, I mean, being neuros spicy, I struggle with those kind of things. I struggle with structure and priorities and time blindness. And so it almost felt like as I was reading it, it felt like, oh, this is what I need.

[00:07:16] Like, it was just in innate in the undertone that this is gonna gimme what I need, because it wasn't like limiting by any means. It was kind of like, Hey, do you wanna like finally

start doing the things, you know, do you wanna start? And I was like, yeah, I wanna start. So it's kinda like what helped me make the decision.

[00:07:33] That's great. So even though there is a level of structure, you know, woven into the process of creating priorities, it sounds like you felt more freedom in inviting that into your life than confinement. Whereas a lot of traditional, like time management courses or pro productivity gurus, sometimes I personally feel like they offer structure for people who are already kind of organized.

[00:07:59] Like they're like just time block and it's like, okay, but if I don't know what I'm supposed to work on, it doesn't matter what I'm time blocking. Right. So I'm so glad that you were able to understand the intention of the program, which is, this is a program created by a multi-passionate for multi-passionate and there's nowhere in the course you could comb through every module.

[00:08:20] I will. I don't ever say choose one thing because it's language that's triggering for me. so I will certainly wouldn't say to anyone else. So thank you so much for answering that. Chanel. What has changed for you the most, since joining prioritize and thrive?

[00:08:38] I think life as a overarching thing, but what's most changed is the sense of clarity and the sense of understanding myself.

[00:08:45] I think before I was constantly feeling like there was something wrong with me that I like, why can't I just do this? Or why can't I just put the structure and just stick to something? Like I was constantly feeling like there was something wrong. And so coming through the program, especially that first module, so crucial, like understanding your human design.

[00:09:02] I think that really helped me understand myself and my energy. And then that in turn, going through the rest and learning about priority stacks and priority mapping and all the wonderful things you teach, I think that's what kind of. Bringing that clarity, I've never felt more clear. And it's funny that like, having to choose things, even though my priority stack, I have four things in mind.

[00:09:25] Right. But choosing those four. I feel so crystal clear. And that is a game changer versus feeling like I have no idea where I wanna start. Like I have vision. Sure. But like vision without focus, you know? So that changed.

[00:09:42] Isn't it energizing, like having clarity and then taking that clarity and going into what we do in module two, which is creating a priority stack and starting to be able to answer that question.

[00:09:55] Okay, well, what can I start with first? That's gonna make everything else easier and more enjoyable. Being able to answer that question for yourself. Doesn't that feel so energizing? It's like you don't have to depend on a template. You don't have to depend on a planner. You don't have to depend on software.

[00:10:12] You have an internalized system. How does it feel to know that at any juncture in your life, you'll be able to apply what you've learned and repeat that process?

[00:10:22] It feels so good. It feels like the best investment I've made for myself thus far, because I've tried it all. I've tried the time blocking I've tried the B the Bojo journals I've to, and that was annoying, cuz I I'm nor diversion.

[00:10:36] So now I done lost my dag'on journal. So it's, you know, I've tried all of the things that the big gurus say you need to do. I've tried making the Google calendar pretty. I've tried everything and it doesn't stick like this. So knowing that I made that choice and made the investment in myself and now I can go through the rest of my life and the rest of seasons of focus in my life and create that over and over and over again, using the same framework.

[00:11:01] I'm I'm really proud of myself. Like I'm gonna pat myself on the back for that right now because damn that's like really changing the game.

[00:11:09] Yeah. It's a whole life skill. And it would be great if we learned this skill in other places maybe earlier in our lives, if this was something that was taught, but again, a lot of the traditional approaches to things like this are not keeping in mind, the multi-passionate experience.

[00:11:27] So you absolutely should be pat yourself on the back. And I, I totally am as well. So I asked you what's changed the most. I think another fun question would be what's something really small. That's like kind of shifted that maybe isn't this big grandiose change, but just like something on a day to day basis that you might approach a little bit differently because of the program.

[00:11:49] Cause I think that it's cool to acknowledge larger shifts. It's cool to acknowledge, you know, these big life changes, but it's also really interesting to acknowledge that it's an amalgamation of smaller things. So is there anything that you do on a day to day basis that you approach a little bit differently?

[00:12:08] Anything about your day to day decision making process, anything? I mean, it could be the tiniest thing, but I'm just curious. Yeah.

[00:12:15] Actually immediately what comes up, it's tied to my self worth. I notice I shrink less. I shrink less. I sit up straighter in the rooms that I'm in. I walk with my back straighter.

[00:12:27] It's like, it's small, but I notice that even when, like the way that I self talk, my language has changed. And so now in like in the past where I may have maybe I would've, you know, shied away from talking about an interest that I felt like other people didn't already know me for now I talk about it. You know, I think that's probably like the small thing I notice is really like that, that, that kind of like puffing my chest up a bit.

[00:12:53] Like, you know, I walk with a little more gumption, a little more oomph in my step of like, yeah, I'm that girl, like I figured it out. And I'm that girl. So I think that's like the small thing.

[00:13:02] And that small thing is still a big thing, but we're gonna take the small thing as the posture and the standing up straight.

[00:13:09] And then that being something that leads into what I'm really hearing is, is confidence. You know, having a lot of confidence in yourself and I've tried to articulate this. So I, this is very refreshing and I hope everyone listening understands. Now I'm not just making things up when I talk about this program, because I I've attempted to articulate that.

[00:13:28] I think on the surface, the idea of creating priorities is not that sexy, right. It's like, oh, okay. But the residuals and like the after effect and the ripple effect of what, having this internalized process for creating your priorities as a multi-passionate, it does, that's the sexy stuff. It is the sitting up straighter.

[00:13:49] It is the walking into the room, feeling more confident because as multi-passionate, as we spend such a large part of our life feeling inadequate and feeling like we're never gonna figure it out, feeling like. Everyone else, has it figured out accept us or is the only way to be successful to be a specialist?

[00:14:05] And we rack our brains with all of this. And when you eliminate that, because you have a simple, repeatable process that you can apply, of course, that's gonna open up like so much more confidence, but you know, it's great to hear that from you. So thank you. Thank you for articulating that. So when it comes to creating priorities, what about the process of knowing what to start with first and what to do next feels more approachable now that you've gone through the program and had some coaching that what have felt really tedious and maybe you would've got stuck in that exact spot before.

[00:14:40] What about the process of creating those priorities has become more useful for you?

[00:14:46] I think the beginning, the big, the, just the getting over the hump of starting got easier because. In the past, having all these different things, I would get tied up in. Like, I couldn't

really see. I think this comes into like creating that flexible, long term view that we talk about in the program before.

[00:15:05] I couldn't see how all of my things could merge together or like how one thing was actually tied to another. And that, that would be the step. So the starting process got less tedious because through the program, I've kind of been able to create a flexible, long term view. And now I'm like, okay, I can clearly see what should be first.

[00:15:28] Whereas before it was like, I would get overwhelmed because it felt like that's what it is. It would feel like by me choosing something first. I was knocking something off of my plate when that's not the case, it's very much still on the plate. It's just like, it's like, when you are eating, like when you're eating food at Thanksgiving, like I'm gonna go for the Mac and cheese.

[00:15:48] The, the, the yams are still there and there might even be overlap. Sometimes you want a little yam on the plate with the Mac and cheese. Right. But like, it's still there. The yams are still there, but I'm gonna focus on and on this macaroni and make that my priority. So that's the part that got easier.

[00:16:04] Beautiful. So happy to hear that something happening cellularly as I listen to you is really special. So thank you so much for sharing that. Okay. Let's talk about a more practical question. When you join a program like prioritize and thrive, there's a course component to it. And something that I tell folks when they kind of come to their first coaching call and they want to ask me, how do I prioritize?

[00:16:27] I immediately tell them. Do the course, right? Because the course is laid out in a way with those three modules, cultivating clarity, stacking your priorities, and focusing to follow through very, very intentionally. And in that specific order so that someone can learn the process. And in a moment, we'll talk about what the coaching has added to your experience, but for a program like this, to have the benefits that you're hearing Chanel talk about, right?

[00:16:57] Like having this process, creating a priority map, understanding how to stack priorities, knowing what to focus on seasons of focus, flexible long term review, all this terminology that we're able to use in this language that we're able to speak is a result of the course. Chanel. What would you say to someone who says, I just don't have time for another course.

[00:17:18] I just. Whenever I invest. I, you know, I enroll in the course. It just sits on a digital shelf. It gets dusty. I don't have time to sit and watch hour long videos. I'm not gonna have my computer propped up with notes and be studious. Like doesn't fit into my lifestyle. I know there's some people who are on the brink of joining, who are talking themselves out of it because they historically haven't finished courses or don't feel like they can.

[00:17:42] So you being as neuro spicy, as you are, talk to me about what it's been like going through the course and what advice you would give someone who maybe is a little bit course cautious.

[00:17:53] I would think what I can say and speak to that is I was that person. So please listen to me clearly. When I say you have to sit with yourself and ask yourself, do you have time for you?

[00:18:07] Do you have time for you because this is the program that's for you. Like, and it sounds cheesy, but I'm saying this as someone who I have taken easily, thousands and thousands of dollars worth of courses and not finished, I have dropped out of school two or three times and still that bachelor's is still hmm we'll see, you know, like, and you, you've got to ask yourself. For one, do you have time for you? Are you going to make you your number one priority? And if you can get to that point, then I can speak to you and say, this is the course that fits your lifestyle. This is not a course where you have to sit and do the taking of notes and lectures because maybe if it was, I wouldn't be here.

[00:18:50] Okay. That's not my style. This is joy tells us all the time in the program, listen to it like a podcast. When you're cleaning, listen to it. You're going on. The walking, you're walking your dog, listen to the courts, listen to the videos. And I will have to say these videos are not long. Okay. It's really neural spicy friendly because my attention span it it's, it's short.

[00:19:11] It is short, but these videos like there's, there's not even a video on the course that I think is longer than really 30 minutes outside of like maybe some bonus material where we're talking. Extra stuff. You know, you'll find that out when you join, but it's all bite size, it's friendly, but it's jam packed with everything you need.

[00:19:27] And so if you go through the course and you listen to it like a podcast, it completely fits your lifestyle. And there's the app Kajabi app that you can use so that you don't have to have your laptop open all the time, doing things I'm notorious for clean. Like it's my favorite thing to do to listen to the course videos as I'm cleaning my room, because that just izing, that is cathartic for me.

[00:19:48] You know, that, and my next favorite is going on a drive. I know I'm not the only one who loves a good drive with something positive, uplifting, listen to. And this is the course. It's like, if you like to go on a drive and have that thought, you know, thought provoking kind of conversation in the background.

[00:20:04] it fits your lifestyle. If you like to go sit at the water at the lake, it fits your lifestyle. If you are a mother of two to five kids, children, it fits your lifestyle in the three to five minutes that you have of freedom in the bathroom where your children and your dogs are not hounding you, it fits your lifestyle.

[00:20:22] It really, really does. So I would just say, start with asking if you're ready to make yourself a priority. And if you are hop off the edge and join, so we can see you in the program.

[00:20:32] Yeah. Come and join us. And when you join us, you can chat with, with Chanel on our coaching calls and give a shout out that this was the episode.

[00:20:40] And this was the experience that helped you say yes. So Chanel, let's talk about the coaching. This is a hybrid program. So as we just mentioned, the course is important. It is the core content. It is the pillar of the program, the coaching. Is there to make sure that this isn't just another course that sits on your shelf because you have a year of biweekly coaching calls that are there to support you where you can get your questions answered in real time.

[00:21:08] And not only that, you also are able to be in a room full of fellow multi-passionate, who are also doing this work, which is a very healing experience and very encouraging. So I don't have that many specifics, but I just kinda wanna let you riff. What has it been like enjoying the coaching component of the program, you know, in tandem with the course, what have you received from that?

[00:21:29] And maybe what would you say to someone who has had not the best experiences with coaches? It might be a little trepidacious about stepping into something that is a quote unquote coaching container.

[00:21:45] Mm. I think what I love most about our coaching calls and joy as our coach is that she really kind of takes the space more as a guide than, I mean, you get the coaching aspect.

[00:21:59] Yes. But it feels more like guidance because she's always redirecting you back to you. She's always putting it back on you and giving you your power back. She's never like explicitly, I think you need to do X, Y, and Z. Like, this is the way to do it. One way. That's not joy at all. It's very much like there's more than one way to skin a cat.

[00:22:17] And she's like, what do you feel? How is that landing for you? You know, and kind of it's tailored. So especially if you ask a question it's really, really tailored to you and taking that time in that space and everyone else on the other part, that's so great is that we have a community. Wonderful women who are going through the same work too.

[00:22:36] And so if you do ask a question, even if you don't, but when you do ask a question specifically, you get all the rest of us in the community rooting for you. We're on the call listening and we're hearing things. So we're in the chat, commenting things and enjoy reads them out as she can. And she's getting her thoughts out.

[00:22:52] And so it really does feel like you're kind. You're being handheld and you're being supported, but it's not in a disempowering way. It's always in a way that's like directing you back

to the source within you to check in how does that feel for you? How does that land? And I think that's completely different from even speaking on coaching experiences that I've had, where it's very much, well, I, you need to do it this way and if you don't do it this way, then no, it's not that.

[00:23:17] And Joyce's also not afraid to say, Hey, I don't think that really quite fits in our container. If it's something that she's not really comfortable speaking on, which is also different from coaches I've had in the past where they'll just, they may not even have experience in that background, but they'll tell you they do and kind of lie with you.

[00:23:32] It's not that at all. It is all authentic. The integrity is there. It's honest. We're very transparent with one another in the group, which I love and speaking to when you don't ask a question, cause I said earlier, a lot of times I don't ask a question at the beginning of every coaching call, joy has a set, an intention we center in, we ground in, we do our breathing.

[00:23:54] And we set an intention for the call. What do we want? And my intention is always the same. I want to be open to receive what it is that I need to hear in this moment. That's my intention. I'm sure other people in the call, you know, on the calls have their own intentions, but that's the one that I'm always centering and grounding in and you get it.

[00:24:10] Someone may say something. That you couldn't articulate. That happens so much. Like often I don't ask a question because I have a problem or not a problem, but I struggle articulating and someone else in the group will articulate the very thing and I'm like, ah, Ooh, wow. That's it. That's it. That's what I wanted to ask.

[00:24:26] But like, I couldn't find the words. And so now I'm like hinging the chat, like, mm. This is like what I needed to, I can't wait to hear what you say that happens all the time. And so I think if you want a coach slash guide mentor that is going to empower you, then that's what the coaching is for. And I like to I'll speak to, I love that they're biweekly because a lot it's an hour and a lot of information gets shared.

[00:24:51] You need that time to really integrate everything versus like weekly can feel overwhelming. It can feel like it's a conflict for your schedule, perhaps, but biweekly, it's really easy to stick to. It's easy to show up for yourself and you come to each call excited, rejuvenated, you know, you leave the call feeling rejuvenated.

[00:25:10] Sometimes I leave the call even like. it's either I'm extremely pumped up because of just the nature of our group and our human design. And sometimes I'm like, woo. That was so much energy. Let me take a nap like this last session, I was like, let me take a nap. I'm pumped and I'm gonna be pumped after this nap.

[00:25:24] I'll I'll act on stuff afterwards. So I think overall that's, that's like how I truly feel about the coaching aspect and it does, I wanna speak towards it's supporting the work. Every person in the group is at a different place in the course. And I think that's empowering too. Like we have people who've just joined and they're just learning about the human design going through their first module.

[00:25:48] And we have people who have already done their focus to follow through. They've already done their priority map. And so you're, you're able to get it from joy, but you're getting it from people who have gone through the course, just like you. And they're able to say, Hey, I know maybe you're in the beginning stages and you're kind of scared about picking your priorities because it feels like you might be leaving something off the table.

[00:26:06] They're like, Hey, I'm in my focus to follow through. I'm in my 60 day, mark, my 90 day mark, I'm telling you, you're gonna see life cha really change for you. So that's another really great aspect that it supports you like. And if you ever fall off in the course, cuz again, I've been a person who have done the courses and they sat on the shelf.

[00:26:24] If you're ever like you're hitting, maybe you hit a life funk, full disclosure. I got laid off in this throughout this program, you hit a life funk. This program supports you in that too, because maybe you don't, maybe you've not even played in the videos. You haven't made any progress in the course, but you know that there's a coaching call coming.

[00:26:42] You know, that there's one coming, you're gonna get on the call. And even if you don't say there's been times I haven't spec explicitly said, Hey, y'all, I'm behind in the course. And I'm like, still in section one, or I'm still in section two and people are in section three, but getting on and getting all that energy from everyone else and seeing how everyone else is making progress will re spark.

[00:26:59] Because we talk about this often, how, as a multi-passionate you have to recommit sometimes that you will find yourself doing that multiple times throughout the program. So having that coaching as that biweekly coaching aspect with that really does help to even kind of keep you accountable. And it's not in a like demeaning way or anything.

[00:27:16] Like, it's kind of like an organic thing of like, Hey, I want the progress that I'm seeing everyone else in the group get, like I've kind of fallen off. I kind of forgot about this. Let me get back to this because this is, I'm seeing it. I see the results real time and. I think that's the best of two worlds.

[00:27:34] Honestly,

[00:27:35] you're always gonna be supported in any kind of reset, I think, you know, with the program like this and, and we had this experience with, with you Chanel. You first accepted that job and it pulled you outta the program a little bit, because now you were reorienting into this new job experience and I missed you, but I totally knew what you were doing and why you were gone.

[00:27:59] Like, so I was just like, okay, Chanel, like, I know what's going on in your life to the point because you do come to the calls and you do engage and you do share what's what's going on with us. So even though there would be times, I think maybe you might have said something like, oh, you know, I know I haven't been on a call, but I'm transitioning or in the community, which will talk about the community in a little bit.

[00:28:18] You might have said something like, oh, I haven't been engaging. And I was like, it's cool. I know like, you're prioritizing, you don't have to be here all the time. I don't have a codependent relationship with my clients. I learned that pretty early on and my coaching experience that I cannot depend on your actions to supply how I feel about myself.

[00:28:37] So, you know, there are weeks where it's quiet and I I'm like, okay, if that means you're living your life and applying these principles, please be quiet. That is totally fine. And then there's weeks where people are so excited about what's, you know, what's happening, that the community is really popping, but I'm really glad that you spoke to what's real is sometimes we do kind of slow to a halt, you know, and need to reorient and recommit and something.

[00:29:07] Yes. That we talk about the program is as a multi passionate committing to something, or being in devotion to something, gets to be a repeatable process, doing it once is probably not enough. like, let's be real. So yeah. I hope everyone understands you come as you are. And there's no judgment. If you miss a month of calls and you come back, we would love to know where you are now and how we can support you moving forward.

[00:29:32] It's that simple.

[00:29:34] And that felt good too, that I wanna say really quick. That felt good in that moment because I was busting my chops. Like I was really busting my chops with that job. Yeah. It didn't work out that I'm actually glad it didn't in the long run, but I was busting my chops with that job. And so when I did say like, Hey, sorry, I haven't, I haven't been in here.

[00:29:50] I haven't been, you know, I kind of fall off from the community that gender we're about to talk about next. And you're just like, Hey, you know, that's fine. That's what I expected. I felt so seen. Like I felt so seen and validated in that moment. And I think I just wanted to put that in there that that's something that naturally happens in the program too, feeling seen and validated in a world where people are telling you that you can't do things this way, top tier,

[00:30:14] this is the result of creating a program that I wish I had, like had, you know, and having so much of the opposite experience.

[00:30:24] Of feeling like if I got behind on a program, I, I like almost wasn't welcome anymore. It was like a clickish vibe I've been in that situation. I've absolutely had coaches who is a huge pet peeve. Who've gotten on a call with me and proceeded to just tell me what I think. Well, you think this, and you're feeling this.

[00:30:43] And I'm like, actually like you telling me what I think isn't landing for me. Do you have another way you can coach me and having to say that in front of like a hundred other people, cuz it's a huge program with a very well known coach. I never want anyone else to ever feel that way. So it's like taking these pieces of what is kind of broken in the coaching industry and allowing it to inform, okay, well this can be done better and I have this opportunity to do better.

[00:31:12] What does that look like? So that's where a lot of that graciousness and understanding comes from because yes, I'm a coach, but I've been coach and I've been in coaching programs and I've been through it all. So. I'm so again, it feels really good to hear this reflected back. Of course, these are my intentions, but it's nice to hear it reflected back.

[00:31:30] So thank you so much. I really do appreciate all of your thoughtful responses and you taking this time to, to share with us, let's chat a little bit about the community. The community's kind of a, a bonus, I guess, you know, it is not a Facebook group because I find, especially for neuro spicy Facebook is for me, it does something to my nervous system that I don't appreciate.

[00:31:53] So that's why it's not on Facebook. So we have a private mighty network group and there's an app for it. So you can absolutely access it, like on the go. Like you could most other social network groups and it's a community where it's really a place for you to check in and to feel connected with the other students in the program.

[00:32:10] That's the main thing I'm also in there and commenting and connecting and I'm in there. I check it every day. cause I'm just like, oh, is there anything happening today? But it is a place where I don't have to be in authority and I don't necessarily always have to be like the leader in that space. That's what I like about it.

[00:32:29] The most is it is a community and allow, it allows students to get to know one another and cheer one another on what have you gained from the community? What do you enjoy about that? And for someone who maybe joins the program and then says, well, I'm gonna join the program, I'll do the course. I may or may not come to the calls, whatever.

[00:32:48] And the community I'm just not even gonna go there. What would you say, do you think that's a wise thing? Do you think someone should dip their toe in and at least give it a try? What's your experience

[00:32:57] been? My experience has been amazing for one. I completely love that it is not centered in another social media app because I'm a person who often takes breaks from social media so that it's not on Facebook because that app is really triggering and that it's just its own thing.

[00:33:13] You can check it at its own time. You don't even have to have the notification set on if you don't want to. I love that aspect, but I would. I wanna start with the last part. If you were a person who would join and you think, mm that's optional and I don't, I don't, maybe I don't wanna do that. I would encourage you to dip your toe in.

[00:33:31] I know we have someone in the group who she kind of was like, that's gonna be optional for me. I'm gonna come to the calls, but that's gonna be optional, but I've kind of seen her still be in the mighty networks group here and there, you know, commenting and engaging with us. So it's, as you wanna show up, it's not ever like, oh my goodness, they're not in the group or feeling quickly like that.

[00:33:51] It's really just like, Hey, come if you can, you know, if you can't, that's fine too, but I would encourage them to still dip your toe in and see if you like it, because it's way different than group communities that I've had from other courses. It's it's way different. And I love that. Like we have. That sense of like holding on another accountable that we're all rooting for one another.

[00:34:14] We're sharing life updates all the time. We're sharing progress updates as far as our courses. And, you know, Hey, I, I finally am seeing this like, concept really working in my actual day to day life and sharing that because we have like our Friday celebrations and our Monday check-ins, I'm notoriously horrible with the Monday.

[00:34:33] Check-ins because my brain sees Monday and I'm like, oh my God, it's Tuesday. And I didn't do my check-in, even though I know that, like, we can totally do our check-ins at another time. I'm always missing that one. I like the Friday celebrations though. So, and then we've also been able to do things inside of the group too.

[00:34:49] Like there's been like a live video done. There's been like, you know, a momentum challenge that we did the accountability stuff again. And so I think that it really is it's best described as a bonus. Like it won't. Break the experience for you if you're not in there, but I think will definitely add to it.

[00:35:08] It will definitely make it that much better. And you, you feel even more supported because if you leave comments on the course itself, they're definitely getting seen and responded to they're getting responded to by joy that they're probably necessarily not getting responded to by everyone else in the community.

[00:35:25] We're not necessarily seeing it because you might be new and we've already gone through like module one. So we may not even see your comment versus if you're new and you commented mighty networks. And you're like, Hey, I don't really understand this part of my human design. Or like, how can I like, you know, use my strategy in this way.

[00:35:42] We're all there and in the group, and we can tell you like, Hey, this is, you know, there's, there's a lot of overlap too, with our designs. It's like, we've got a kind of like good combination of designs in the group. So it's like a lot of us have similar kind of similar authorities and things like that.

[00:35:56] That like, if you, for instance, you don't understand emotional authority. Joy's got emotional authority. I've got emotional authority. Like we can all speak to that. And so I think I would say do it anyway, like your, your initial thought might be, I don't know. That seems like extra. I would do it anyway.

[00:36:13] Like, and even like, if you wanna be that person and you're like, I don't like to be on my phone that much you limit your screen time. You don't have to have the notifications in. Like if you only check that bad boy once a month, we're still gonna be happy to see you that once a month. So do it anyway.

[00:36:28] yeah. Do it anyway. Make it work for you. And I think like it's okay to be a voer first. You know, mm-hmm, sometimes people feel a little bit hesitant to just jump right in and start posting, or I might take them a couple weeks to do their introduction post and all of that is fine. You know, we trust your timing and ultimately this program does help you to develop a deeper sense of self trust.

[00:36:52] That's just, that's again, that's one of the ripple effects. When you're able to make these choices for yourself because I'm teaching you a method, but you will not be dependent on me. You will take this with you. You won't need me. And the goal is for you to not need me. That's why the coaching is for a year.

[00:37:09] The community is for a year, you have lifetime access to the course so that you can refresh anytime that you want to, but that high touch support, you have that for a finite amount of time. It is extended. It's not like the first three months or something like that. It is a full year because I wanna go through all the seasons with you, but you know, the goal is for you to not need me.

[00:37:30] Right. So just understand that anything we talk about with the course, you are always going to be empowered to do it your way and to trust your way of doing that. And that includes engaging in the community as well. Let's talk about the human design because we love human design.

[00:37:49] yes, we do. Yes, we do. And there's

[00:37:52] an episode called.

[00:37:53] Knowing your human design creates massive clarity with crystal woods. And it's an interview with our guest mentor inside of the program, crystal woods. And so as a multi passionate, as someone who's not interested in pretending to be a specialist, I chose to bring in a human design practitioner for module one to teach the human design basics.

[00:38:17] I thought long and hard about doing it myself. I ran that through my authority, and then I said, Nope, I'm gonna create it. I'm gonna initiate what I want done. And then I'm gonna hire someone to come in. And so I was so fortunate to have someone who I've worked directly with, who I trust crystal woods to teach human design in that first module.

[00:38:37] Let's just talk about it. Like, what is it like to, because I think I, I feel like people hear that there's human design and it goes one or two ways people might think, oh, well I already know my human design, so I don't need this program. There's gonna be too much overlap and it might not be worth my investment.

[00:38:51] Right. I, I think some people I know for a fact, I've heard that some people feel that way and other people might feel like, well, I can learn human design elsewhere. I can do a bunch of Googling. I can go on YouTube. I, you know, I can, or I have a dusted off course. I can, you know, do my human design somewhere else.

[00:39:09] So I probably don't need this program. And other people might feel like, mm, human design, what does it have to do with creating priorities? I don't know about this program. So how would we address like all of those things? So the person who's like, I already know my human design. I don't need this. Let's do these one at a time.

[00:39:28] So the first thing he says, I already know my human design. I probably don't need this program. What would

[00:39:32] you say to that person? I would say to them as someone who was, I didn't have that thought, but I knew my human design before I came in, because I actually found joy through crystal, funnily enough, cuz I had like found her on Instagram.

[00:39:45] I was obsessed. Like I'm still obsessed. I actually, through this program and now going to be a human practi, human design practitioner myself. But I would say to the person that thinks that they know their design beforehand, you don't know it like you think you do, because if it's, if you're still like in your first year or two of experimenting and that's not to like knock you down a peg either, it's really like the way that it is taught in that first module is tangible.

[00:40:10] It gives you a way of really being able to live it out versus that high level. Okay. You saw it on genetic ma matrix or my body graph wherever you saw it at. Maybe you seen an Instagram post and you, you went and you CA you got your chart. And so, you know, which, you know what it says, right? But this program, the way crystal teaches it, it gives you.

[00:40:31] The steps to really embody it. And there's a difference in knowing it versus embodying your design. And I think that's like the biggest difference really, and truly that's the benefit because when I came in, I was like, okay, I know I'm emotional managing, I know I'm a two, four. And I was like, okay. And I kind of see that, like I could, I, I felt very validated.

[00:40:54] I didn't have the experience of like being turned off by my design in any way. I was just kind of like, oh yeah, this, this, this is me. This makes sense. But it wasn't until I was in the program and really going through and listening to the way that crystal broke it down and actually the way that she gives you the, you know, clarity questions for your, your centers, your undefined centers helps you figure out what your conditioning is just in those courses.

[00:41:17] It gives you the steps to embody it. And so I would say if you're on that fence and you think maybe you had a course, or you just think, you know, already knowing an embodiment. It's like the difference between knowledge and wisdom, cuz wisdom is that applied knowledge. Right? So I think that would be my, what I would say to them.

[00:41:36] That would be my talking point of like, but are you embodying it though? Are you really living in your experiment because to know it, but then like if you know that your strategy is, you know, to respond or to inform, I'm gonna go off of my strategy to, to respond if you know that. But if you're, you know, you're constantly sitting there and you're just waiting for stuff to happen, you're not really living in your experiment because as a manager or as a generator, us kind of we'll keep ruling the world right now.

[00:42:05] And things being tailored to us, there's always stuff to respond. An email is something to respond to. Something that you heard on the radio was something to respond to. And it just, so it just shifts the way that you view your strategy, it shifts the way that you view your authority. Like, I remember emotional authority being told, wait for clarity, like what, what do you mean?

[00:42:22] Wait, like if I have the initiated part of being a manager gen, why can't I just do it? And you're like, tell me, I gotta wait. And then it's like, but explaining that how she's explained it

and you take the step back and you're like, Hmm, how have my decisions gone when I was on a high or a low? Hmm. Now I understand.

[00:42:40] So that's, that's what you gained from it, if you're that type

[00:42:42] of person. Yes, totally. Thank you. Thank you for saying that. So, so true. And, and Crystal's like amazing. She's just of all the practitioners that I could have had the opportunity to be in this program. I'm so grateful that it's her. She's also a manifestor.

[00:43:02] So we both have this very direct, like we are here to inform, this is what we're doing today. and we're gonna get in and get out, but she's coming from a really heart centered place. And so obviously I would never invite anyone into the program who wasn't, but Crystal's a really special person to learn from.

[00:43:19] So, okay. Part two of this question, what do we say to someone who says, well, if the whole first module, and by the way, there is more in module one than human design. That is just the, the main part of it. But I give a whole list of other ways to cultivate clarity on a day to day basis, kind of like a grab bag, choose what you want.

[00:43:40] We talk about tapping. So there is more than human design, but human design is the core. So what do we say to someone who says, well, I'm not gonna invest in this course because I can YouTube and I can learn about my design from other places. What do we specifically say to a multi-passionate person? Who says, well, I can just learn about human design from somewhere else.

[00:44:02] And because the thing about how it's taught in the program is I debriefed crystal. This program is for multi passionate, and I want them to feel empowered in their decision making and to have clarity first. So that was what I informed crystal on before she even created a single video in the program.

[00:44:22] Right. So what did we say to someone who's just like, not sure if this is worth the investment, cuz I can learn about human design somewhere else. And that person is a multi-passionate

[00:44:31] I think this kind of ties into like the difference of having a multi-passionate a coach that's multi-passionate themselves versus a regular coach.

[00:44:38] Right? I think that's not a wrong statement. You could do that. You could go and get on YouTube and try to educate yourself. But I would question you, who are you learning from? Do their ideals line up with. What you want and see for yourself because human design is taught by many people. There's a whole school of human design and some people are purists and they think, Hey, I only want to, they teach human design in this one specific way.

[00:45:08] And that's that. And it's pretty limiting. So I would ask you, do you know, the person on YouTubes, you know, morals and beliefs and standards about human design, because it can be taught in a way that, and I've seen it on Instagram, even how it's taught in a way that is limiting. It's taught in a way that's like, oh, if you're this design, this is all you're meant to do.

[00:45:28] And that's not at all how it's taught in this program. It's taught like Joya in a way that's empowering. It's not limiting at all. And so if you were to, I mean, again, that's. A wrong statement. You could do that, but I would challenge it and say that I don't think you would get the same value. I, I know for a fact you're not getting the same value, Googling it and going on YouTube.

[00:45:52] Why? Because I did that before I joined this course. I was a little bit of a mix of the two. Like I did that before I joined this course, I was on Google. I was on YouTube and there's a lot of hot takes. There's a lot of takes out there that don't feel good that didn't land well, you know, that's telling me, Hey, you know, for instance, going back to that example, I use about being a manifesting generator or a generator.

[00:46:13] That's just like, Hey, you're supposed to respond to things. And they're just like, if it wasn't a response, then you can't do it. Like it's taught in a way that is really, really limiting and makes you feel small. And I think as a multi passionate, as much as I speak about taking up space, this is the more of the way to go.

[00:46:29] If you wanna be taught your design in a way that's empowering. If you wanna be taught your design in a way that encourages you to be your authentic self, to take up that space and to follow your boys, then go with this program. Even if you've invested in a course. I'm guaranteeing you, it's not gonna be taught the same way, because like Joyce said, her intention coming into this and telling crystal how to, you know, this is my intention for the program was already fundamentally different.

[00:46:56] So that's what I would say to

[00:46:57] that. Yeah. And then I don't even know if we need to answer this last part, because I hope that by listening to Chanel, talk about human design, you can hear how much clarity is available for you from learning this about yourself, especially from learning it inside of this program, where we're keeping in mind that you're multi passionate, we're keeping in mind that you are an expansive thinker.

[00:47:17] We're keeping in mind that you don't want limitations, but we wanna give you tools for making decisions, high quality decisions for yourself. So my last question was gonna be, what do we say to someone who's. Oh, prioritize and thrive. Looks cool. I definitely need help with prioritize and focus, but I don't understand where human design fits into this.

[00:47:34] That's an actual email that I got and the person never joined. So what do we say to someone who's counting themselves out? Because they feel like the human design part is just random. Okay.

[00:47:45] I would say that to that, like, my answer to that is if you were a person who has ever looked at astrology, if you're a person who has ever been into Myer, Briggs, Enneagrams any of those kind of personality things and you live and did you've at one point lived breathes died by that.

[00:48:01] All of those change. Whereas human design does not. I was a person that I was studying astrology heavy before this, and it was causing me a little bit of angst because astrology can change. The systems are different. You've got, you've got tropical. You've got VEIC. You've got Hellenistic. You don't, there's so many, you kind of gotta.

[00:48:18] Hope that you choose the right one that aligns with you in how you wanna maneuver in life. Whereas human design is based off of you. It's your own blueprint and it never changes. It's going to be the same throughout your entire life. It is a blueprint that is supporting you through your entire life. And so if you're on the fence or your person, that's thinking like, I don't see how human design ties into it.

[00:48:40] I'd say, do you want to understand yourself? Because that's what the tool is for. Whereas if you're trying to understand yourself through labeling yourself, even if you're not doing M B T I or you're an INFJ or whatever, all of the letters that that was too much for me in my, but that was just too much.

[00:48:57] Cause that can change as you grow and evolve your NBI N B T I can change your Igram can change. And so I think that's what I would say to you is if you really want to understand yourself, your energy, how you show up in this world, that's how human design ties into. And that's why it's first, because you've got to understand.

[00:49:17] You and your energy and yourself first before you can even think about, Hey, like through this program, you kind of learn, oh, that's why now you now I'm validated. Now I understand. That's why I've been doing. Oh, okay. And then it kind of helps you get clear on how you even wanna pursue your goals in the first place.

[00:49:35] That's why it's gotta be first, because if you, you know, if you've been going through your whole life trying to initiate, but you're a projector and you need an invitation. Well, that's why you've been bitter all this time. But now you have an actual tool and language to be able to communicate that versus just not understanding why am I always left out?

[00:49:54] Why don't people understand like that? I have the keys to what they need. Like, I don't understand my mom's a projector, so I can speak to this it's support group for all of us, with projector moms, but love you. That's what I would say is that it gives you the tools to understand yourself. And that's why it's.

[00:50:12] A cornerstone. And again, like joy said, it's not the only thing in section one. We, we get EFT tapping, we get meditations, we get all kinds of stuff in, in module one. But I still go back to module one as a fun fact, I go back to module one all the time, because I love the tapping exercises that are in there.

[00:50:29] So that's always say to you, like, that's how it ties in. Maybe it wasn't clear and you're hearing it from me firsthand as a client. That's how it ties in. And so if to the person who sent that email, I would encourage you come see us in the group. We won't even know that you're the person that sent the email and then you'll, you'll experience it yourself.

[00:50:48] And

[00:50:48] there's a reason we start with clarity, right? Because I'm just not interested in teaching you how to prioritize. If you don't even know who you are and what you want, because then you're gonna pick priorities whose priorities are there. Right. Who, who are you trying to please? Success metrics. Are you working under?

[00:51:07] Are they even helpful? So there's a reason why we start with clarity and then we move into creating priorities and you're gonna come into the program and you're gonna be like, okay, fix my life. How do I, you know, okay, here's my list of all the things I wanna do. How do I do it? And we're gonna invite you to slow down and start with clarity, start with getting to know yourself because that's gonna answer 50% of your questions anyway.

[00:51:33] So there's a reason why we start there and then we move into priority stacking. And then we close with focusing to follow through because once you pick your priorities, that's great. We celebrate that. We, we make maps, we do all the things to celebrate that, but then it's about focusing so that you can actually gain momentum on those things, on those projects, on those priorities that you have.

[00:51:59] And we approach focus very differently as well. In this program, we do things very differently. inside to prioritize and thrive that I will say we do things very differently. Okay. One last question for you. And then I'm gonna just kind of pass you the mic and let you share more about yourself. If you wanna share your current priority stack, you can, I want you to let people know where they can find you and connect with you.

[00:52:23] One last question on behalf of someone who submitted a question, I think this is a really, really good one that I probably wouldn't have thought about myself. How could someone who has a completely different set of circumstances, tweak this process for their own life business, et cetera. Do you feel like this method can be applied to various circumstances?

[00:52:45] Yes, immediately. Yes. I would say that this can work for any circumstance. When I got into the program. I was working somewhere didn't like it, whatever, whatever I, this program has seen me go through job unemployment. Self-employment another job back to like unemployed slash self-employed. All of those are very different situations and it's still supporting me in all of that.

[00:53:09] And it doesn't matter what area of business you're in. I'm a spiritual based business, but we have artists in the program. We have musician musicians in the program. We have an actor in the program, you know, we've got someone doing, you know, health and wellness stuff in the program. So it definitely goes for all of life's many different facets, I think.

[00:53:28] And it can be applied and tweaked for any niche. Uh, that's the word we don't like to use, but it can in, in, in any category you can tweak it because it's all based around you and what you want. And so if your circumstances, you know, you for the time period, your priority is one thing. It supports you in that, and then maybe that priority changes or you achieve that goal and you still got us for a year that, you know, you've got brand new priorities in a brand new circumstance and situation.

[00:54:02] So it can definitely be tweaked and applied to all the facets of life.

[00:54:06] And what about someone who. Doesn't have a business or isn't interested and, and maybe feels like, oh, well this feels like a, a program for entrepreneurs. Mm know, what do we

[00:54:16] say to that person? I would say that there's people in there who aren't doing business.

[00:54:21] You don't have to have a business. It supports us. It definitely does support those of us who are butting entrepreneurs, but it supports people who just have hobbies and passion projects. Or we've got mamas in the group that just wanna get their priorities good with within the house and showing up as a better mom.

[00:54:38] Like it, it supports you in that way too. You don't have to be an entrepreneur. You can, even, if your hobby is to sleep, if your hobby is to read, it will still support you. so, yeah, that's what I'd say to that.

[00:54:52] It's a lifestyle choice. Y'all joining, prioritize and thrive is a lifestyle choice. It will change the way you approach many different things in your life.

[00:55:00] Okay. Let's wrap up. Is there anything else that you would love to share with listeners? You are welcome to share what your current priorities are. You're welcome to just talk about what you're interested in. Give us a little bit more of Chanel, and then before we close, I'll make sure that we remind everyone where they can keep and test with you and get to know you better.

[00:55:22] Sweet. Sure. I like to share my priority stack when you go through this, when you join, cuz you're going to, when you join the priority stack is kind of it's. Put at three, but I tweaked mine because I needed four, but that was because two of mine go hand in hand. So my current priority stack is developing spiritually, cuz to me that was important in a fed every area and becoming a paid content creator.

[00:55:44] I've built the platform of 18 K. Now joy has seen that transition. I literally started with like three followers when I joined the program.

[00:55:51] So little been that fast. I didn't know that. Yeah.

[00:55:54] Yeah. I started this program with three followers and I met 18. Oh my God.

[00:55:59] Yeah. I did not know that on TikTok everyone.

[00:56:01] And we're gonna drop all the handles cuz you definitely. TikTok to me is like the wild, wild west. And I barely understand it. And I go on there just to connect with Chanel on TikTok. So , we're definitely gonna drop all the handles, but I did not know that. Okay. Very cool. Okay.

[00:56:16] Mm-hmm so that's my second priority.

[00:56:18] No, you're fine. That's my second priority is becoming a pay content creator. I wanna be one of those girls. That's getting made five figures from the internet too. Okay. Third is getting my spiritual business off of the ground. It's really relaunching it. I initially launched doing readings and offer services, offering services like that.

[00:56:34] However, I mentioned earlier, I've been a human design nerd for a while now and through this program kind of helped me get clear about my prior. And I wanna be a human design practitioner myself. So I'm going through that program. And so that's my third priority. And my fourth priority is getting the F out of my family's home.

[00:56:51] I need my own space. And so you can kind of see just from how I talked about it. We start at this, the top level, the spiritual, then we are talking about our money because two and three tied together with the content creation and the spiritual business relaunch. And then my practical is at the bottom, cuz I need that money to feed trickle on down.

[00:57:10] to getting out of my parents home. I'm 26. I turned 27 in December, December 16th. So we happy birthday and I want to get back out there. COVID health, you know, I'm grateful for my support system and things like that, but I need my own and I'm trying to live bus life. So that's where I'm going with it.

[00:57:28] Things that I'd like to share. I am relaunching. I wanna give you guys a code which joy will share. It'll probably be in the notes that. All of the podcast listeners can use is not gonna be shared anywhere else. It's exclusive to everyone that listens to Joy's podcast, where if you want a foundational reading about your specific human design hit me up.

[00:57:50] I'm diving deep into this. I love it. And I, at some point want to become a counselor with it as well, to be able to have real transformative sessions with people. And my mission is to make human design accessible to the bio community. I want to see more black and. People. And if you've ever gone on these websites, this human design stuff comes with a price tag that can kind of make you not wanna learn, cuz you're like, well, why is it costing \$700 or like a thousand dollars to learn or get a reading.

[00:58:20] And I wanna be able to make this. Accessible to everyone. So I'm definitely planning on doing sliding scale, you know, affordable pricing so that everyone can participate. I, one day hope to have a scholarship that's in the works, obviously guys, but one day it'll be there. And that's my take. I wanna be able to do foundational readings and advanced readings.

[00:58:41] I really have an interest in connection, readings and transit readings as well, which that's kind of more advanced stuff, guys, don't worry, but that's where I'm at with it. What else? I love anime. So, you know, joy will share some of my places where you can find me. If you wanna have an anime chat, I'm all here for, I'm currently binge watching one piece I'm on episode, like 3 27 out of a thousand something, something episodes.

[00:59:05] So, you know, if you, if you're here with me, if you like that kind of stuff, definitely follow along and yeah, I hope to

[00:59:11] see you in the program. Okay, great. Also drop your handles for anyone who just wants to go follow you right now. Where can they find you online?

[00:59:17] All right. If you wanna find me online, you won't find me on Instagram.

[00:59:20] My chosen app is TikTok. I love it over there. You will find me in my bonnet gang Chronicles. So on my main platform is the souls quest. If you want some non niche content, that's at finding Chanel, and if you're into health and wellness, I just started a new page called the Carter fit. It's the like, think of like little Waynes at the Carter, T H a Carter fit.

[00:59:44] And there I'll be sharing, you know, yoga gut health because I'm, I have gut issues. really badly holistic health skincare, all that is over there on that page. My website is the souls quest.org, and that's where all my services and stuff will be. So that's where you can find me

[01:00:02] great. We will link to everything in the show notes, as well as whatever discount coach, you know, comes up with for y'all.

[01:00:09] So if you want to, you know, book that foundational reading, get to know Chanel and spend some time. That's a great way for you to do that. Chanel, thank you so much for coming onto the podcast for spending some time with me today for sharing your experience. Do you have any last words for that person?

[01:00:29] Who's right on the edge. Who's right on the fence of joining prioritize and thrive. Any last things that you wanna say before we sign

[01:00:37] off, I say for one, thank you for having me. This has been a blast and to the person who's still on the fence. After hearing everything we've said, I would say to you, check in how did it land?

[01:00:51] Do you wanna feel empowered? Do you wanna learn more about yourself? And if these answers are yes, I would encourage you to. Take the dive join us in the program. It's the best investment I've personally made out of all of the thousands of dollars of courses. This is the best one I've ever invested in, and it does not come at that heavy of a price tag either.

[01:01:15] So it is accessible and if it feels like it's not, I would encourage you again, to kind of think about for all of the time you were able to invest in these courses that are sitting on the shelf. Do what can you invest one more time? Can you trust yourself one more time for something that's actually going to change your life?

[01:01:36] That's what I would say. And if you can say yes to that, then you can find a way to make it work.

[01:01:42] Beautiful. Beautiful. All right. Thank you so much. So appreciate your time, everyone. Check the show notes for all those links and we'll see you in the next episode.

[01:01:51] Thank you for tuning in to this episode of the multi-passionate mastery podcast. If you received anything valuable from this episode, send it to a friend. I know you've got some creative people in your life who needs to hear this. Also, please take a moment to leave a review.

[01:02:09] Even sharing one sentence about how you feel about this podcast can help us reach the hearts and ears of more multi passionates. If you're not exactly sure how to leave a review,

I've left some instructions for you down in the show notes. Thanks again, and I'll see you in the next episode.